

## DAIRY PRODUCTS

### Milk

#### Allowed: Least Expensive Brand

- Largest unit size available as listed on check:  
Quart, Half Gallon, Gallon

#### Allowed only if printed on check:

- Acidophilus (Nurish)
- Dry
- UHT
- Meyenberg Goat Milk
- Lactose Reduced or Lactose Free Milk like LactAid, Hannaford Lactose Free, or Shaw's lactose Free

#### Not Allowed:

- Flavored, organic or raw milk
- Glass bottles



### Fortified Soy Beverage

#### Allowed:

- Pacific Ultra Fortified Soy Beverage, Plain Only, Quart Size Only
- 8th Continent Fortified Soy Beverage, Plain Only, Half Gallon Only



### Cheese

#### 8–16 oz. packages

#### Allowed: Least Expensive Brand By Type

- Domestic, any brand, block, shredded or sliced, reduced fat or regular
  - › American
  - › Cheddar
  - › Colby Jack
  - › Monterey Jack
  - › Mozzarella
  - › Swiss
- 100% Mozzarella string cheese



#### Not Allowed:

- Deli or random weight cheese, individually wrapped slices, cubed, wheels, wedges, cracker cuts, imported, organic, cheese food, whips or spreads, cheese blends or flavored